



3-to-1 Therapy Model

What is the 3-to-1 therapy model?

Following the lead taken by districts across the country, Olmsted Falls City Schools moved to the 3-to-1 model of delivering therapy services to our students in 2009. With this model, the therapist works with your child directly in face-to-face therapy three weeks out of the month. The fourth week is designed to be used for indirect therapy activities that are equally important.

What happens during that 4th week?

During the fourth week, your child's therapist will engage in indirect therapy activities that include, but are not limited to:

Observing students in classrooms to measure carry-over of skills learned in the therapy setting and chart progress toward IEP goals

Collaborating with teachers and support staff members

Providing education to parents and teachers about best practices and research-based interventions

Communicating with parents

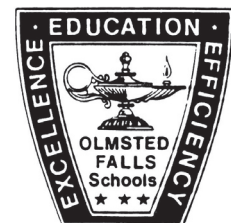
Participating in department meetings to keep abreast of the latest mandates

Creating therapy materials relevant to the curriculum

Conducting diagnostic testing for students

Why is the district using this approach?

These indirect therapy activities are just as important as direct therapy because they help promote generalization of skills outside of the therapy setting. For example, when teachers are trained to cue a student to use correct speech sounds while reading aloud in the classroom, that student receives additional practice in a natural setting and this emerging skill is more likely to become a habit. This evidence-based approach improves our ability to integrate therapy goals with classroom curriculum, as mandated by IDEA. It is supported by the American Speech-Language-Hearing Association.



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